
Body Checking Behaviors

Body Checking Behaviors

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Frequency of Body Checking Behaviors

Behaviors	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1. _____							
2. _____							
3. _____							
4. _____							
5. _____							
6. _____							
