SUPPORTING EVERY STAGE IN YOUR MEDICAL CAREER

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MINOR BURNS

Stop the burning

Cool the wound

Apply cold tap water for 10 minutes

Protect the burn

Use cling film or a clean plastic bag

A burn larger than a postage stamp needs medical attention

More information can be found in *Oxford Desk Reference Major Trauma*

www.oxfordmedicine.com
More information can be found in *Emergencies in Primary Care*

[www.oxfordmedicine.com](http://www.oxfordmedicine.com)
ADULT CHOKING TREATMENT

ASSESS SEVERITY

MILD AIRWAY OBSTRUCTION (EFFECTIVE COUGH)

ENCOURAGE COUGH TO CHECK FOR DETERIORATION TO INEFFECTIVE COUGH OR RELIEF OF OBSTRUCTION

OR

SEVERE AIRWAY OBSTRUCTION (INEFFECTIVE COUGH)

UNCONSCIOUS START CPR

CONSCIOUS 5 BACK BLOWS 5 ABDOMINAL THRUSTS

More information can be found in the Oxford Handbook of Primary Care and Community Nursing

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